

# KVR TRAIL MAP

EASTERN PORTION — HOPE TO TUNNEL STATION

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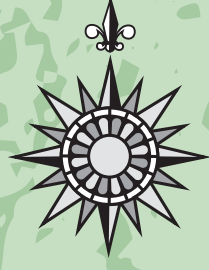
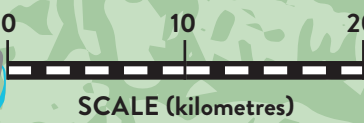
Recreation Sites  
and Trails BC



BIOSPHERE  
certified destination

## LEGEND

- Kettle Valley Rail Trail and the Trans-Canada Trail
- Kettle Valley Rail Trail (South Spur)
- Columbia & Western Rail Trail
- Slocan Valley Rail Trail
- K&S Historic Trail Railway and Kalso Wagon Road Historic Trailway
- Food/Accommodation
- Tent Site
- Information Center
- Parking
- Picnic Area
- Micro Brewery
- Winery
- Public Telephone
- Public Washrooms
- Trestle
- Tunnel
- Substation
- Highway



The Kettle Valley Rail Trail runs through rural and rugged areas within the interior of BC. Due to the topography of these areas certain sections of the trail can experience significant damage, including large washouts that can restrict through progress. Please speak to a local information centre or contact a local recreational club for updated trail condition information.



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# KVR TRAIL MAP

PULL OUT INSERT

## KETTLE VALLEY RAIL TRAIL – HOPE TO CASTELGAR PLUS SLOCAN AND KASLO RAIL TRAILS

### General Trail Information

- Expect a variety of surfaces along the Kettle Valley Rail Trail, the Columbia Western Rail Trail and the Trans Canada Trail.
- Expect loose gravel, pavement and unconsolidated railway ballast.
- Some sections are not suitable for road bikes. A 2.4 inch tire is recommended
- More detailed information on the KVR and the Trans Canada Trail can be found at Trails BC.
- Several of the properties and beaches along the rail trails are private property. Please be considerate and prevent invasive weeds from spreading from the trail.

Many private beaches can be found along the KVR Trail. Please respect trespassing signs or check with owners before using.

- Bike helmets are mandatory in British Columbia.
- Many of the most beautiful trails run through sensitive ecosystems, please stay on marked trails to avoid damaging the environment and pack out what you pack in.
- Most trails are multi-use although local ORV traffic may be witnessed on undesignated segments.
- Trail etiquette is that everyone yields to horses, cyclists yield to hikers and any ORVs on trail yield to all other users.

### 1. KVR Northern Cascades – Hope to Princeton

Undesignated trail • 150 km one way, 2–3 days

**Parking: P1 – P4**

Starting in Hope or Princeton, the trail cuts through the Northern Cascade Mountains. This section of the KVR are for those looking for a more adventurous journey. Cyclists will be rewarded with stunning scenery, wildlife, and a variety of ecosystems.

- Varying trail conditions, ideal for experienced trail riders. This is a challenging ride, mountain bike recommended. Ask local shops for trail condition updates.
- This route redirects onto the Coquihala highway for a brief section near Hope. Be cautious.

There are few amenities along this section outside of Princeton and Hope. Be prepared for several days without services.

**SHORTER TRIPS**

**Princeton to Tulameen:** 50km O&B, approx. 4 hours (P3, P4)

**Othello Tunnels:** Short loop for walking or cycling (P1)

### 2. KVR The Connector – Princeton to Summerland & Penticton

Undesignated trail • 115 km one way, 1–3 days

**Parking: P4 – P8**

Starting in Princeton, Summerland, or Penticton this section of the trail gradually rises over a mountain pass connecting the Similkameen and Okanagan valleys.

- Varying trail conditions, ideal for intermediate to experienced riders. Mountain and hybrid bikes recommended. Ask local shops for trail condition updates.
- At the height of the pass Bankeir (Osprey Lake) provides a good halfway point for overnight riders with several camping and B&B options

- Be prepared for long sections without access to amenities.
- The section between Summerland and Penticton is along the shoulder of highway 97 for approx. 13km.

**SHORTER TRIPS**

**Trout Creek Trestle to Faulder:** 28km O&B, 2-3 hours (P5 to P7)

### 3. KVR Southern Spur – Penticton to Osoyoos

This is **STRICTLY** a non-motorized section • 60 km one way, day trip or extended

**Parking: P29 – P33**

Starting in Penticton or Osoyoos the Southern Spur cuts through the heart of the Okanagan wine region.

- Varying trail conditions with partially paved sections, ideal for all levels of riders. Great for pedal assist bikes.
- Amenities are available throughout the ride, highlighted by estate vineyards, boutique lodgings and farm to table dining.
- The trail reroutes onto Highway 97 for 14km between Okanagan Falls and Oliver. Be Cautious.

**SHORTER TRIPS**

**Skaha Loop:** 30km, 2-3 hours, loop around Skaha lake via the KVR Trail and Eastside Rd (P29, P30)

**Inkaneep Loop:** 40km, day trip with stops, loop around the Okanagan River via KVR Trail and Blacksage Rd (P32, P33)

**Oliver to Oxbows:** 13km bike or walk (P32, P33)

### 4. KVR Myra & Boundary – Midway to Penticton

Undesignated trail with sections non-motorized • 215 km one way; 3–5 days

**Parking: P9 - P17**

Starting at “Mile 0” in Midway, this section of the Kettle Valley Rail Trail offers a diverse biking experience through the region.

The trail meanders along the Kettle River as it gradually rises through the valley, reaching its height at Myra Canyon. Past the canyon, the trail slope begins to gradually decline as it winds down to Naramata bench and into wine country.

- Varying trail conditions, ideal for all levels of experience depending on start and stop locations. Ask local shops for trail condition updates.
- Be prepared for large sections without access to amenities.

**SHORTER TRIPS**

**Myra Canyon:** 22km O&B, non-motorized section. Ideal for walking and Cycling. Good for all experience levels (P12, P13)

**Myra to Penticton:** 80km gradual downhill, 1-2 day trip. There are many access points along this section. Try starting at Chute Lake, Little Tunnel, or Naramata for shorter day trips along this section. (P9 to P13)

**Little Tunnel to Penticton:** 15 km gradual downhill. This is a well maintained non-motorized section known for its vistas, ideal for all levels of riders. (P9 to P11)

**East of Myra Canyon, the Boundary region offers a variety of trips:**

**Midway to Myra Canyon:** 140km gradual uphill, 2-3 day trip. (P13 to P17)

**Midway to Kettle River Recreation Area:** 50km O&B, 3-4 hours. (P16, P17)

**Kettle River Recreation Area to Rhone Rest Stop:** 30km O&B, 2-3 hours. (P15, P16)



### 5. Columbia & Western – Castlegar to Midway

Undesignated trail with sections non-motorized • 160 km one way; 2–4 days

**Parking: P17 - P28**

From Castlegar to Midway the Columbia & Western Rail Trail passes through several communities with an abundance of riding options, providing an immersive feel for the history of BC's Interior.

- Varying trail conditions, ideal for all levels of experience depending on start and stop locations. Ask local shops for trail condition updates.
- Basic amenities not found outside of communities, be prepared for gaps.

**SHORTER TRIPS**

**Castlegar to Christina Lake:** 85km, 1-2 days. A historical

highlight of the Columbia and Western Railway. (P28 to P25)

**Paulson Run:** 25km downhill ride, 1.5 hours. (P27, P26)

**Grandforks to Cascade:** 20km one way, 1.5 hours. This is a designated non-motorized section. (P21 to P24)

**Eholt to Grand Forks:** 25km downhill, 2 hours. (P19 to P21)

**Greenwood to Grand Forks:** 35km O&B, 3 hours. (P18 to P21)

**Midway to Greenwood:** 25km O&B, 2-3 hours. (P17, P18)

### 6. Slocan Valley Rail Trail – South Slocan to Slocan City

Non-Motorized • 52 km one way; 1 day

The trail is just over 52 km long and can be done in sections, with parking and restrooms at each of the 7 trailheads. Each trailhead has an information kiosk and directional signs on Highway 6 (parallels most of the the Rail Trail) so you will know which trailhead is coming up. These are the sections between each major trailhead, starting at the south end of the trail in the South Slocan (closest trailhead to Nelson and Castlegar) and heading north towards Slocan City (closest trailhead to New Denver and Nakusp). Visit [slocanvalleyrailtrail.ca](http://slocanvalleyrailtrail.ca) for more information.

**South Slocan to Crescent Valley** – 5km  
Features: Popular Beach, Pub, Steeper Grade.

**Crescent Valley to Passmore** – 16.5 km  
Features: Hidden Beaches, Swift Water, Narrow Winding

Valley, Beautiful Farms, Business and Residential Areas, Rugged Rocky Shorelines.

**Passmore to Winlaw** – 10.1 km  
Features: Winding, Spectacular Forested Scenery, Close River Access, Confluence of the Slocan and Little Slocan Rivers, Marshland and Wildlife Habitat.

**Winlaw to Lemon Creek** – 12.0 km  
Features: Multiple Cafes, Shopping, Scenic Farm Land, Private Small Beaches, Historic Markers.

**Lemon Creek to Slocan** – 8.1 km  
Features: Wildlife Sanctuary, First Nation Habitat Site, Close River Access, Slocan Beach.

